



COSMETIC AND RECONSTRUCTIVE EXPERTISE  
FOR YOUR *skin health and beauty*<sup>SM</sup>

**Premier Annual Resident  
Cosmetic Symposium**

**PROGRAM**

**April 20-22, 2018**

**Westin Dallas Fort Worth Airport Hotel • Dallas, TX**

**Directors:**

Susan H. Weinkle, MD

Thomas E. Rohrer, MD

**Invited Speakers:**

Eric F. Bernstein, MD

Kyle Coleman, MD

Lisa M. Donofrio, MD

Timothy C. Flynn, MD

Deirdre Hooper, MD

Terrence Keaney, MD

Stephen H. Mandy, MD

Kavita Mariwalla, MD

Kristel D. Polder, MD

Hema Sundaram, MD

### **Symposium Description**

This comprehensive symposium provides expert instruction in the latest cosmetic procedures to help prepare residents for real-world scenarios. Each session – taught by leading ASDS experts – discusses the science, treatment indications, available therapies, techniques, and management of complications. Emphasis will be placed on patient safety and how to obtain optimal cosmetic outcomes. Highlights include live patient demonstrations of multiple procedures and small group breakouts for hands-on training and interactive learning. Networking receptions and a dinner with faculty allow attendees expanded opportunities for questions and participation.

### **Learning objectives**

Following this activity, the participant should be able to:

- Correctly identify anatomy as it pertains to cosmetic tissue in order to properly perform procedures, avoid danger zones and manage complications.
- Relate the principles of symmetry, facial beauty and the effect of aging and understand the effect of available cosmetic therapies and procedures on each.
- Explain the available therapies used by dermatologists for wrinkles, volume loss, skin tightening, rejuvenation and resurfacing, submental fullness, facial and body contouring, and veins.
- Describe the appropriate techniques for treatments using soft-tissue fillers, neuromodulators, injectable adipolysis, suture/thread lifts, lasers, and other energy-based devices.
- Select the appropriate treatments for each particular patient's presenting issue(s).
- Identify possible complications in order to avoid prospectively and/or manage following occurrence.

**FRIDAY, APRIL 20**

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- 4:00 – 4:30**      **Check-in at registration desk**
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- 4:30 – 4:45**      **Introduction and Symposium Overview** • Susan H. Weinkle, MD & Thomas E. Rohrer, MD
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- 4:45 – 5:00**      **Complete Pre-test**
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- 5:00 – 5:30**      **Facial Anatomy** • Stephen H. Mandy, MD
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- 5:30 – 6:00**      **Visualizing Injectable Anatomy** • Susan H. Weinkle, MD
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- 6:00 – 6:30**      **Ideals of Beauty** • Timothy C. Flynn, MD
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- 6:30 – 7:30**      **Networking Reception**
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**SATURDAY, APRIL 21**

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- 7:00 – 8:00**      **Networking Breakfast / Visit Exhibits**
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- 8:00 – 8:05**      **Welcome** • Susan H. Weinkle, MD
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- 8:05 – 8:55**      **Soft Tissue Fillers**  
8:05 - 8:15 **Mechanism of Action** • Hema Sundaram, MD  
8:15 - 8:25 **The Art of Volumizing** • Timothy C. Flynn, MD  
8:25 - 8:40 **Upper-, Mid- and Lower-face** • Hema Sundaram, MD  
8:40 - 8:55 **Managing Complications** • Stephen H. Mandy, MD
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- 8:55 – 9:35**      **Neuromodulators**  
8:55 - 9:05 **Mechanism of Action** • Thomas E. Rohrer, MD  
9:05 - 9:25 **Upper-, Mid- and Lower-face** • Kristel Polder, MD  
9:25 - 9:35 **Managing Complications** • Kavita Mariwalla, MD
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- 9:35 – 10:00**      **Injectables: How to Choose, How to Use** • Lisa M. Donofrio, MD and Timothy C. Flynn, MD
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**SATURDAY, APRIL 21**

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**10:00 – 10:30**      **Break / Visit Exhibits**

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**10:30 – 12:00**      **Patient Demonstrations: Dermal Fillers and Neuromodulators**  
Kyle Coleman, MD • Kristel D. Polder, MD • Susan H. Weinkle, MD

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**12:00 – 1:00**      **Networking Lunch / Visit Exhibits**

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**1:00 – 2:00**      **Patient Demonstrations: Contouring and Lifting**  
Kyle Coleman, MD • Kristel D. Polder, MD • Susan H. Weinkle, MD

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**2:00 – 2:30**      **Approach to Aesthetics for Male Patients** • Terrence Keaney, MD

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**2:30 – 3:00**      **Break / Visit Exhibits**

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**3:00 – 3:40**      **Body Contouring**  
3:00 – 3:20 **Energy-based** • Kyle Coleman, MD  
3:20 – 3:40 **Liposuction** • Lisa M. Donofrio, MD

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**3:40 – 4:00**      **Leg Vein Treatments** • Deirdre Hooper, MD

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**4:00 – 5:15**      **Laser and Energy-based Treatments Overview**  
4:00 – 4:15 **Vascular Lesions** • Eric F. Bernstein, MD  
4:15 – 4:30 **Pigmented Lesions and Tattoos** • Thomas H. Rohrer, MD  
4:30 – 4:45 **Acne Lesions** • Eric F. Bernstein, MD  
4:45 – 5:00 **Skin Resurfacing** • Thomas H. Rohrer, MD  
5:00 – 5:15 **Skin Tightening and Rejuvenation** • Eric F. Bernstein, MD

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**5:15 – 6:00**      **Break before reception and dinner**

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**6:00 – 6:45**      **Networking Reception**

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**6:45 – 8:30**      **Networking Dinner**

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**SUNDAY, APRIL 22**

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<b>7:00 – 8:00</b>	<b>Breakfast Lecture: Cosmeceuticals</b> • Kavita Mariwalla, MD	<i>sponsored by</i> <b>L'ORÉAL</b>
<b>8:00 – 8:20</b>	<b>Microneedling and PRP</b> • Deirdre Hooper, MD	
<b>8:20 – 8:40</b>	<b>Surgical and Non-surgical Hair Restoration</b> • Terrence Keaney, MD	
<b>8:40 – 8:55</b>	<b>Fellowships for You</b> • Thomas E. Rohrer, MD	
<b>8:55 – 9:25</b>	<b>Break</b> (pack up and check-out ...)	
<b>9:25 – 11:45</b>	<b>Small Group Breakouts</b> <i>Intro 9:25-9:30 • 1<sup>st</sup> rotation 9:30-10:00 • 2<sup>nd</sup> rotation 10:05-10:35 • 3<sup>rd</sup> rotation 10:40-11:10 • 4<sup>th</sup> rotation 11:15-11:45</i> <b>(1) Hands-on Injectables: Upper &amp; Mid Face</b> • Timothy C. Flynn, MD, Deirdre Hooper, MD, Terrence Keaney, MD <b>(2) Hands-on Injectables: Lower Face</b> • Kyle Coleman, MD, Kavita Mariwalla, MD, Hema Sundaram, MD <b>(3) Patient Assessment, Injectables</b> • Stephen H. Mandy, MD and Lisa M. Donofrio, MD <b>(4) Patient Assessment, Energy-based devices</b> • Eric F. Bernstein, MD and Thomas E. Rohrer, MD	
<b>11:45 – 12:00</b>	<b>Complete Post-test –and– Evaluation</b>	
<b>12:00</b>	<b>Conclusion of Symposium</b>	

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### **ACGME/ABMS Desirable Physician Attributes / Competencies**

ASDS acknowledges the need for CME content to be designed within the context of desirable physician attributes as expressed by the ACGME/ABMS Core Competencies and the Dermatology Residency Committee. Aligned with Criterion #6 of the Accreditation Council for Continuing Medical Education's Provider Requirements for CME, the ASDS has developed the content of this educational activity to address the ACGME/ABMS Core Competencies:

- **Patient Care** that is compassionate, appropriate and effective for the treatment of health problems and the promotion of health.
- **Medical Knowledge** about established and evolving biomedical, clinical and cognate (e.g., epidemiological and social behavior) sciences and the application of this knowledge to patient care.
- **Practice-based Learning and Improvement** that involves investigation and evaluation of their own patient care, appraisal and assimilation of scientific evidence, and improvement in patient care.
- **Interpersonal & Communication Skills** that result in effective information exchange and teaming with patients, their families and other health professionals.
- **Professionalism** as manifested through a commitment to carry out professional responsibilities, adherence to ethical principles and sensitivity to a diverse patient population.
- **Systems-based Practice** as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system for health care and the ability to effectively call on system resources to provide care that is of optimal value.

### **Accreditation Statement and CME Credit Designation**

The American Society for Dermatologic Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This resident symposium is a non-CME educational activity.

### **Unapproved Use Disclosure**

The ASDS requires that faculty disclose to attendees when off-label use of products or procedures are being discussed (not approved for the indications being discussed) or experimental and/or investigational (not FDA-approved). These disclosures are intended for continuing medical education, not to promote off-label use of products/procedures. If attendees have questions they should contact the medical affairs department of the manufacturer for the current approved use information.

### **Commercial Support Disclosure**

The following commercial interests provided support in the form of an educational grant for this course:

- Allergan, Galderma (monetary grants) • Allergan, Delasco, Galderma (in-kind support)

### **Disclaimer**

Attendees understand that medical knowledge is constantly evolving, and that the views and techniques of faculty are their own and may reflect innovations and opinions not universally shared. The views and techniques of faculty are not necessarily those of the, but are presented to advance medical education and should be based on best available medical evidence. The ASDS disclaim any and all liability arising out of information presented in this symposium, and also disclaim any and all liability for injury or other damage resulting in any way from attendance and participation in this educational activity.

### **Please Note ...**

- Schedule and faculty are subject to change.
- No video or audio recording is allowed without the permission of ASDS.
- Presentation materials that are approved for sharing will be sent to you after the course. These are for registered attendees viewing only and may not be copied, distributed, or downloaded in any way.
- By attendance and participation in this course, you agree to allow ASDS to use photos taken at this course for future promotions of ASDS programs.